

Living Streets' **WOW – the walk to school challenge** is back to help encourage as many children as possible to experience the benefits of walking to school.

As you know, WOW is a pupil-led initiative where children self-report how they get to school everyday. If they travel actively (walk/wheel, cycle, scoot or Park and Stride) at least once a week for amonth, they get rewarded with a badge. It's that easy!

What are the benefits of walking to school?

- Children feel happier and healthier
- They arrive to school refreshed, and ready to learn
- Helps reduce congestion and pollution at the school gates

What if we can't walk to school?

If driving, 'Park and Stride' to help your child earn their WOW badges. Park **at least five minutes away** from the school and walk the remaining journey.

If using public transport, hop off **at least five minutes away** and walk the rest (recorded as 'other'

on the WOW Travel Tracker).

Where walking to school isn't an option, we work with schools to establish a bespoke approach toWOW that works best for their pupils' needs.

If you have any questions on the adaptability of WOW or have suggestions of how we can improve, we would love to hear your thoughts. Please email walktoschool@livingstreets.org.uk

The WOW badges

There are 11 new WOW badges to be earned, one for every month of the school year. Each badgehas been designed by a pupil from across the UK as part of our annual WOW Badge Design Competition.

WOW 2024/25 encourages pupils to *Walk with Imagination,* with a selection of badges rangingfrom a Bird's Eye View to Road Surfing up for grabs.

The badges are made in Cornwall from material that was otherwise destined for landfill, includingfridge trays, plastic plates and yoghurt pot off-cuts. For more information, visit: livingstreets.org.uk/recycling

In the UK, last year, around 2,300 schools and over 600,000 pupils enjoyed the benefits ofwalking to school with WOW. Will you join us?

If you have any questions please contact the school office or visit livingstreets.org.uk/wowlaunch